



GENERAL PSYCHOLOGY

Revised 7/15/2010

C - L - CR
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COURSE NUMBER: PSY 201

PREREQUISITE(S): ENG 100, RDG 032, MAT 032 "or placement."

CO-REQUISITE(S): None

COURSE DESCRIPTIONS This course includes the following topics and concepts in the science of behavior: scientific method, biological bases for behavior, perception, motivation, learning, memory, development, personality, abnormal behavior, therapeutic techniques, and social psychology.

TEXTBOOK(S): Myers, David G. *Exploring Psychology, 8th Ed.* New York: Worth Publishers, 2009 (ISBN# 13:978-1-4292-3825-0)

Straub, Richard O. *Study Guide to Accompany Exploring Psychology, 7th Ed.* New York: Worth Publishers, 2008.

Ludwig, Thomas E. *PsychSim 5: Interactive Graphic Simulation and Demonstration Activities for Psychology.* New York: Worth Publishers, 2004.

(Package includes textbook, study guide, and *PsychSim 5* CD/Workbook: ISBN# 1-49276185).

REFERENCE(S): None

OTHER REQUIRED MATERIALS, TOOLS, AND EQUIPMENT: None

METHOD OF INSTRUCTION: This class will be taught using lecture, class discussions, exercises, audiovisual aids, and computer simulations.

<u>GRADING SYSTEM:</u>	90	-	100	=	A
	80	-	89	=	B
	70	-	79	=	C
	60	-	69	=	D
	Below	-	60	=	F

<u>GRADE</u>	Tests, Final Exam	=	70%
<u>CALCULATION</u>	Homework Assignments/Reports/Projects	=	25%
<u>METHOD:</u>	Class Participation	=	5%
		=	<u>100%</u>

ATTENDANCE
POLICY:

Students are responsible for punctual and regular attendance in all classes, laboratories, clinical, practica, internships, field trips, and other required class activities. The College does not grant excused absences; therefore, students are urged to reserve their absences for emergencies. When illness or other emergencies occur, the student is responsible for notifying instructors and completing work missed if approved for late submission by instructors.

The student is tardy if not in class at the time the class is scheduled to begin and is admitted to class at the discretion of the instructor.

Instructors maintain attendance records. However, it is the student's responsibility to withdraw from a course. A student enrolling in and attending at least one course session remains enrolled until the student initiates a withdrawal.

Withdrawal Policy: During the first 75% of the course, a student may initiate withdrawal and receive a grade of W. A student cannot initiate a withdrawal during the last 25% of the course. Extenuating circumstances require documentation and approval by the appropriate department head and academic dean.

Absences for Religious Holidays: Students who are absent from class in order to observe religious holidays are responsible for the content of any activities missed and for the completion of assignments occurring during the period of absence. Students who anticipate their observance of religious holidays will cause them to be absent from class and do not wish such absences to penalize their status in class should adhere to the following guidelines:

1. Observance of religious holidays resulting in three or fewer consecutive absences: Discuss the situation with the instructor and provide written notice at least one week prior to the absence(s). Develop (in writing) and instructor-approved plan which outlines the make up of activities and assignments.
2. Observances of religious holidays resulting in four or more consecutive absences: Discuss the situation with the instructor and provide the instructor with written notice within the first 10 days of the academic term. Develop an instructor-approved plan with outlines the make up of activities and assignments.

**ACADEMIC
CONDUCT:**

ACADEMIC DISHONESTY: Students are expected to uphold the integrity of the College's standard of conduct, specifically in regards to academic honesty. All forms of academic dishonesty including, but not limited to, cheating on assignments/tests, plagiarism, collusion, and falsification of information will call for disciplinary action. Disciplinary action imposed may include one or more of the following: written reprimand, loss of credit for assignment/test, termination from course, and probation, suspension, or expulsion from the College. For further explanation of this and other conduct codes, please refer to the Student Handbook.

CELLULAR PHONES AND PAGERS/BEEPERS: Cellular phones, pagers and beepers are not permitted to be turned on or used within the classroom. Use of these devices during classroom time will be considered a violation of the student code as it relates to “disruptive behavior.”

**CLASS/LAB
PROCEDURES:**

Students are expected to conduct themselves in a courteous and professional manner in class. Students using computer labs or the library to complete assignments are expected to follow established procedures set by those facilities.

ACCOMMODATIONS:

Students who need special accommodations in this class because of a documented disability should notify Student Disability Services. You may contact Student Disability Services by calling, (864) 592-4811, toll-free 1-800-922-3679; via email through the Spartanburg Community College web site at www.sccsc.edu/SDS/; or by visiting the office located in the Dan Lee Terhune Student Services Building, room 112 of the Spartanburg Community College campus.

By contacting Student Disability Services early in the semester, students with disabilities give the College an opportunity to provide necessary support services and appropriate accommodations.

COURSE
OUTCOMES &
OBJECTIVES:

Upon satisfactory completion of this course, the student will be able to:

- I. Explain scientific approaches and psychological methods of research. (5 hours)
 1. Describe the historical developments of psychology.
 2. Identify the major perspectives and subfields of psychology.
 3. Differentiate between the research methods used to describe, predict, and explain behavior.
 4. Identify the various methods of descriptive statistics.

- II. Describe the physiological basis of behavior. (5 hours)
 1. Describe how neurons communicate.
 2. Identify the functions of the various structures of the brain.
 3. Describe the significance of research on hemispheric specialization.

- III. Describe the major issues of the developing person. (5 hours)
 1. Discuss the stages of prenatal development.
 2. Describe the capabilities of the newborn.
 3. Identify the physical, cognitive, and psychosocial changes occurring in childhood.
 4. Identify the physical, cognitive, and psychosocial changes occurring in adolescence and adulthood.

- IV. Explain the basic principles of sensation, perception, and the various states of consciousness. (7 hours)
 1. Contrast the processes of sensation and perception.
 2. Discuss the principles of perceptual organization and interpretation.
 3. Discuss the nature of consciousness, daydreams, hypnosis, and meditation.
 4. Describe the stages of sleep and the various sleep disorders.
 5. Discuss the effects of different categories of psychoactive drugs.

- V. Explain the principles and applications of learning. (5 hours)
 1. Differentiate between the principles of classical conditioning and operant conditioning.
 2. Describe the principles of observational learning.
 3. Discuss contributions of the major learning theorists.

- VI. Explain the principles and applications of memory. (5 hours)
 1. Describe the memory system.
 2. Identify encoding and retrieval strategies.
 3. Discuss the various causes of forgetting.

- VII. Describe the perspectives of personality, psychological disorders, and psychological therapies. (10 hours)
 1. Describe major theorists' views of personality structure, development, and dynamics.
 2. Identify symptoms of the major psychological disorders.
 3. Discuss the possible causes of psychological disorders.
 4. Describe the major psychological and biomedical therapies used to treat patients.

- VIII. Describe the influence of social situations on individual attitudes and behaviors. (3 hours)
 1. Describe the results of experiments on conformity, obedience, and social facilitation.
 2. Discuss research on aggression and altruism

**GENERAL
EDUCATION
OUTCOME(S):**

Upon satisfactory completion of this course, the student should be able to demonstrate:

1. the scientific method of inquiry.